Dr. Danielle Andry

Dr Nandi Wijay

4306 Yoakum Blvd, Suite 520

Houston, Texas 77006

Office: (832) 900-7070

Dr. Andry/Wijay Pre-Operative Breast Lift/Reduction Regimen:

* No aspirin, ibuprofen, herbal medications or blood thinners for 2 weeks before and after surgery. Please discuss all medications and supplements you are taking with Dr. Andry at your pre-operative visit.
* No smoking or second hand smoke exposure for at least 4 weeks before and 4 weeks after surgery.
* Dr. Andry/Wijay will give you the following medications prior to your procedure:
	+ **Celebrex 100 mg**
	+ **Tramadol 50 mg**
	+ **Antibiotic (varies depending on allergies and previous exposures)**
	+ **Anti-nausea medication if needed**
* On the morning of surgery, take 1 pill of the Celebrex along with 1,000 mg of Tylenol. This helps to block pain receptors that may be activated during the procedure.
* DO NOT eat or drink anything other than a sip of water with medications after midnight before surgery
* If you have a history of nausea or vomiting after procedures or history of motion sickness, you should be given a Scopolamine patch to help prevent postoperative nausea. This will either be given to you as a prescription before surgery or in the pre-operative area.